



WEST OF SCOTLAND
11 TO 16 STUDY:
TEENAGE HEALTH

NURSE SCHEDULE 1996/7

Teenager's number

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Nurse's identification number

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Pupil's name:(first).....(second name)

Date of completion://

GENERAL HEALTH

1. Over the last 12 months would you say your health on the whole has been good, fairly good or not good?

- good..... 1
- fairly good..... 2
- not good..... 3

2a. Do you have any longstanding illness, disability or infirmity? (By longstanding I mean anything that has gone on for a long time or that is likely to go on for a long time).

- yes..... 1 go to 2b
- no..... 2 go to 3/4

IF YES

2b. What is the matter with you?

.....

.....

2c. Does this illness or disability limit your activities in any way?

- yes..... 1
- no..... 2

PUBERTY

BOYS ONLY:

3a. Has his voice obviously broken?

yes..... 1 go to 3c

no..... 2 go to 3b

IF IT'S NOT OBVIOUS, ASK:

3b. Has your voice broken?

yes..... 1 go to 3c

no..... 2 go to 5

IF VOICE HAS BROKEN, ASK:

3c. What age were you when your voice broke?years

GIRLS ONLY:

4a. Have your periods started?

yes..... 1 go to 4b

no..... 2 go to 5

IF YES, ASK:

4b. What age were you when your periods started?years

PHYSICAL MEASURES

NOTE: REMEMBER THAT HEIGHT AND WEIGHT ARE WITHOUT SHOES.

5a. What kind of shoes or boots is pupil wearing:

- ordinary lace-up or buckle shoes 1
- platform soled shoes 2
- 'Doc Martin' type boots..... 3
- pale suede 'Caterpillar' type boots 4
- heavy 'Kicker' type moccasins..... 5
- trainers..... 6 go to 5b
- other 7 go to 5c

IF WEARING TRAINERS, ASK:

5b. What make are your trainers?

IF OTHER TYPE OF SHOE OR BOOT:

5c. Describe them (don't ask)

6. Standing height

Code centimetres and millimetres.

cm.				mm.	
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7. Weight

Code kilograms and grams - i.e. record exactly what the scales show.

kilos.			grams	
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RATINGS

8. Phys. mat. for age and sex:

- below average maturity 1
 - about average 2
 - above average maturity 3
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9. P. att.:

- very good 1
 - 2
 - 3
 - average 4
 - 5
 - 6
 - very bad 7
-

BOYS

GIRLS

10a. Was this boy wearing:

10b. Was this girl wearing:

- | | yes | no |
|---------------------------------|-----|----|
| school sweatshirt or jersey ... | 1 | 2 |
| school tie | 1 | 2 |
| school trousers | 1 | 2 |
| any ear-ring(s) | 1 | 2 |
| any finger ring(s) | 1 | 2 |
-

- | | yes | no |
|---------------------------------------|-----|----|
| school sweatshirt or jersey | 1 | 2 |
| school tie | 1 | 2 |
| school skirt or trousers..... | 1 | 2 |
| multiple, large or dangly ear-rings . | 1 | 2 |
| large or several finger rings | 1 | 2 |
| make up or nail varnish | 1 | 2 |
-

11a. Was this boy's hair:

11b. Was this girl wearing:

- all over short/razored..... 1
- average 2
- long..... 3

- skirt - mini 1
 - skirt - about knee length..... 2
 - skirt - long 3
 - trousers..... 4
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12. Any other comments on behaviour, appearance, completion of the schedule etc.:

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