



WEST OF SCOTLAND  
**11 TO 16** STUDY:  
TEENAGE HEALTH

## NURSE SCHEDULE 1996/7

Teenager's number

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Nurse's identification number

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Pupil's name: .....(first).....(second name)

Date of completion: ...../ ...../ .....

# GENERAL HEALTH

1. Over the last 12 months would you say your health on the whole has been good, fairly good or not good?

- good..... 1
- fairly good..... 2
- not good..... 3

2a. Do you have any longstanding illness, disability or infirmity? (By longstanding I mean anything that has gone on for a long time or that is likely to go on for a long time).

- yes..... 1 go to 2b
- no..... 2 go to 3/4

IF YES

2b. What is the matter with you?

.....

.....

2c. Does this illness or disability limit your activities in any way?

- yes..... 1
- no..... 2

**PUBERTY**

**BOYS ONLY:**

3a. Has his voice obviously broken?

yes..... 1 go to 3c

no..... 2 go to 3b

*IF IT'S NOT OBVIOUS, ASK:*

3b. Has your voice broken?

yes..... 1 go to 3c

no..... 2 go to 5

*IF VOICE HAS BROKEN, ASK:*

3c. What age were you when your voice broke? .....years

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**GIRLS ONLY:**

4a. Have your periods started?

yes..... 1 go to 4b

no..... 2 go to 5

*IF YES, ASK:*

4b. What age were you when your periods started? .....years

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# PHYSICAL MEASURES

**NOTE: REMEMBER THAT HEIGHT AND WEIGHT ARE WITHOUT SHOES.**

5a. What kind of shoes or boots is pupil wearing:

- ordinary lace-up or buckle shoes ..... 1
- platform soled shoes ..... 2
- 'Doc Martin' type boots..... 3
- pale suede 'Caterpillar' type boots ..... 4
- heavy 'Kicker' type moccasins..... 5
- trainers..... 6 go to 5b
- other ..... 7 go to 5c

*IF WEARING TRAINERS, ASK:*

5b. What make are your trainers? .....

*IF OTHER TYPE OF SHOE OR BOOT:*

5c. Describe them (don't ask) .....

6. Standing height

Code centimetres and millimetres.

cm.				mm.	
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7. Weight

Code kilograms and grams - i.e. record exactly what the scales show.

kilos.			grams	
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# RATINGS

## 8. Phys. mat. for age and sex:

- below average maturity ..... 1
  - about average ..... 2
  - above average maturity ..... 3
- 

## 9. P. att.:

- very good ..... 1
  - ..... 2
  - ..... 3
  - average ..... 4
  - ..... 5
  - ..... 6
  - very bad ..... 7
- 

### BOYS

### GIRLS

#### 10a. Was this boy wearing:

#### 10b. Was this girl wearing:

- |                                 | yes    | no |
|---------------------------------|--------|----|
| school sweatshirt or jersey ... | 1..... | 2  |
| school tie .....                | 1..... | 2  |
| school trousers .....           | 1..... | 2  |
| any ear-ring(s) .....           | 1..... | 2  |
| any finger ring(s) .....        | 1..... | 2  |
- 

- |                                       | yes    | no |
|---------------------------------------|--------|----|
| school sweatshirt or jersey .....     | 1..... | 2  |
| school tie .....                      | 1..... | 2  |
| school skirt or trousers.....         | 1..... | 2  |
| multiple, large or dangly ear-rings . | 1..... | 2  |
| large or several finger rings .....   | 1..... | 2  |
| make up or nail varnish .....         | 1..... | 2  |
- 

#### 11a. Was this boy's hair:

#### 11b. Was this girl wearing:

- all over short/razored..... 1
- average ..... 2
- long..... 3

- skirt - mini ..... 1
  - skirt - about knee length..... 2
  - skirt - long ..... 3
  - trousers..... 4
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## 12. Any other comments on behaviour, appearance, completion of the schedule etc.:

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