



WEST OF SCOTLAND
11 TO 16 STUDY:
TEENAGE HEALTH

NURSE SCHEDULE 1999

Teenager's number

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Nurse's identification number

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Date of completion://

Name:



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GENERAL HEALTH

1. Over the last 12 months would you say your health on the whole has been good, fairly good or not good?


- good.....1
- fairly good2
- not good.....3


2a. Do you have any longstanding illness, disability or infirmity? (By longstanding I mean anything that has gone on for a long time or that is likely to go on for a long time).

- yes.....1 → 2b
- no.....2 → 3/4

IF YES

2b. What is the matter with you?





2c. Does this / Do these illness(es) or disability(ies) limit your activities in any way?

- yes.....1
- no.....2

PUBERTY

BOYS ONLY:

3a. Has his voice obviously broken?

- yes.....1 → 3c
- no.....2 → 3b

IF IT'S NOT OBVIOUS, ASK:

3b. Has your voice broken?

- yes.....1 → 3c
- no.....2 → 5

IF VOICE HAS BROKEN, ASK:

3c. What age were you when your voice broke?  years

GIRLS ONLY:

4a. Have your periods started?


yes 1 → 4b
no 2 → 5

IF YES, ASK:

4b. What age were you when your periods started?  years

EMPLOYMENT

5. What do you think you'll be doing job-wise in about 10 years' time?



6a. What does your mum do?


Employment status of mother or mother figure **RESIDENT** with child.


- full-time housework 1
- works full/part-time 2
- unemployed 3
- full-time education 4
- sick/disabled 5
- she does something else 6
- no **RESIDENT** mother figure 7

If mother figure is working

6b. What does she do?

What is her job called (eg clerk, senior electrician) and what does she actually do (eg sells insurance, puts out fires).

what job called 

what's actually done 

7a. What does your dad do?

Employment status of father or father figure **RESIDENT** with child.


- full-time housework 1
- works full/part-time 2
- unemployed 3
- full-time education 4
- sick/disabled 5
- he does something else 6
- no **RESIDENT** father figure 7

If father figure is working

7b. What does he do?

What is his job called (eg clerk, senior electrician) and what does he actually do (eg sells insurance, puts out fires).

what job called 

what's actually done 

PHYSICAL MEASURES

NOTE: REMEMBER THAT HEIGHT AND WEIGHT ARE WITHOUT SHOES.

8. Standing height

Code centimetres and millimetres.

cm.		mm.				
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9. Weight

Code kilograms and grams - i.e. record exactly what the scales show.

kilos.		grams.				
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10. Respiratory function

NOTE: REMEMBER THE PRACTICE BLOW.

10a. Spirometer number

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10b Spirometry results

	1st trial	2nd trial	3rd trial									
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RATINGS

11. Phys. mat. for age and sex:

- below average maturity 1
- about average..... 2
- above average maturity 3

12. P. att.:

- very good 1
- 2
- 3
- average..... 4
- 5
- 6
- very bad 7

BOYS

GIRLS

13a. Was this boy wearing:

13b. Was this girl wearing:

- | | yes | no |
|-----------------------------------|-----|----|
| school sweatshirt or jersey | 1 | 2 |
| school tie..... | 1 | 2 |
| school trousers | 1 | 2 |
| any ear-ring(s) | 1 | 2 |
| any finger ring(s)..... | 1 | 2 |

- | | yes | no |
|------------------------------------------|-----|----|
| school sweatshirt or jersey..... | 1 | 2 |
| school tie..... | 1 | 2 |
| school skirt or trousers..... | 1 | 2 |
| multiple, large or dangly ear-rings..... | 1 | 2 |
| large or several finger rings | 1 | 2 |
| make up or nail varnish..... | 1 | 2 |

14a. Was this boy's hair:

14b. Was this girl wearing:

- all over short/razored 1
- average..... 2
- long..... 3

- skirt - mini 1
- skirt - about knee length 2
- skirt - long 3
- trousers 4

15. Any other comments on behaviour, appearance, completion of the schedule etc.:

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